



I Ain't Gonna Paint No More! - Body Trace & Paint

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Summary:

After reading the story "I Ain't Gonna Paint No More!" written by Karen Beaumont, be sure to extend the fun with this full-sized painting activity that works on fine motor skills (**physical**), trust (**social-emotional**), memory (**cognitive**), labeling body parts (**language & literacy**) and so much more!

Materials:

<input type="checkbox"/>	Book: "I Ain't Gonna Paint No More!" by Karen Beaumont
<input type="checkbox"/>	Melissa & Doug Easel Paper Roll
<input type="checkbox"/>	Washable Markers
<input type="checkbox"/>	Washable Paint
<input type="checkbox"/>	Paint Tray
<input type="checkbox"/>	Paintbrushes
<input type="checkbox"/>	Child Art Smock
<input type="checkbox"/>	Sticky Notes

* Affiliate links included above for your convenience

Tips:

Be sure to use WASHABLE markers especially while tracing your child, especially if you have an extra wiggly child as you might end up marking on their clothes. Keep in mind there are ways to modify this depending on the age and skill level of your child. You can let them paint to their heart's content or you can encourage them to paint their body in the same order as the story.

Directions:

- ① Gather all necessary materials ahead of time and set aside
- ② Read book "I Ain't Gonna Paint No More!" by Karen Beaumont
- ③ Roll out paper and have child lay down on their back while you trace their body
- ④ Have child put on Child Art Smock
- ⑤ Encourage child to add details to their body (eyes, noes, mouth, etc.) using markers
- ⑥ Bring out the painting supplies and have fun painting! Be sure to talk about which body parts they're painting or make up a song as you paint. **For more of a challenge, see if they can paint their body in the same order as the story!** (Set aside to dry.)
- ⑦ After your masterpiece has dried, write out body parts on sticky notes (e.g. head, hand, leg, feet, etc.) and have your child place them on their creation. **For more of a challenge, your child can write the words themselves.** You can even turn this into a game where you take turns telling each other where to place the sticky notes or naming a word that rhymes with the body part.



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